



Integrated Rehab Consultants
Physical Medicine & Rehabilitation Physicians

PRESS RELEASE		FOR IMMEDIATE RELEASE
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Dr. Azlan Tariq Named Chief Clinical Officer at Integrated Rehab Consultants

Chicago, IL – February 6, 2019 – Integrated Rehab Consultants promoted Dr. Azlan Tariq to Chief Clinical Officer. Dr. Tariq has been with IRC since 2012. In his position as VP of Medical Affairs for Integrated Rehab Consultants, he was instrumental in helping new physicians understand and succeed in the post acute setting. In addition he ensured all physicians were kept up to date on the continually changing landscape of the industry. As the Chief Clinical Officer, Dr. Tariq will now be responsible for clinical protocol development, physician training and outreach.



Dr. Tariq is a Board-Certified Physical Medicine and Rehabilitation physician. He earned his undergraduate degree with honors in Biology, Business Management, and Anthropology at the State University of New York at Stony Brook and obtained his medical degree at Lake Erie College of Osteopathic Medicine. Upon graduating from medical school, Dr. Tariq joined the Department of internal medicine at Mount Sinai Hospital Chicago as an intern and went on to complete a three-year residency in Physical Medicine and Rehabilitation at Marianjoy Rehabilitation Hospital in Wheaton, Illinois. Dr. Tariq was awarded the Resident of the Year honor by his residency program. He spent additional time at University of Wisconsin-Madison for training in Pain and Musculoskeletal Medicine. Dr. Tariq and his PA's currently provide Physiatry services to Post-Acute facilities in Northwest Indiana. Dr. Tariq is also the owner and founder of Optimal Health Medical Fitness, dedicated to providing the most advanced non-surgical orthopedic and regenerative medicine treatments in the Chicagoland area.

Integrated Rehab Consultants (IRC) is the largest physician-owned physiatry group in the country. Physiatry, also known as Physical Medicine and Rehabilitation (PM&R), is a branch of medicine that aims to enhance and restore functional ability (bone, brain, neuromuscular experts) and quality of life. Our physiatrists work with skilled nursing facilities (SNF's) to optimize therapy treatment plans; focusing on managing pain, functional rehabilitation and recovery for patients with physical and cognitive impairments or disabilities, we can help patients discharge quicker and safer – adding a layer of clinical oversight and capabilities that most SNFs and their patients have been underserved historically.

For more information, please contact Lauren Evans at 773-401-4300 or lauren@irehabconsultants.com.



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